



## Testimonials

Individuals, corporations, churches, educational institutions, empowerment centers and many other groups are embracing the Inner Fitness way. A few of the many referrals we receive daily:

"Louise-Diana brings years of experience in yoga, meditation and holistic arts to deliver a truly profound experience. Louise-Diana is the uber-yogi of LA!"

**Darren Star**

Creator of "Sex in the City"

"The audience at . . . the Health and Fitness Expo was wildly enthusiastic about Louise-Diana's messages. In fact, she was one of the most popular speakers!"

**Kelly Graham**

*Advertising and Public Relations Director*  
National Productions, Inc.

"Our sales representatives have not stopped talking about you! They loved you! We have seen an increase in productivity and generally many more positive attitudes since your seminar. You also brought to light the important issue of spirituality and love in work."

**Mary Lee**

Earth Tribe International

"By presenting at our campus, you greatly contributed to our mission by bringing a unique component to the Wellness Program and to the Pepperdine community. You truly impacted those who attended."

**Jennifer Guellich**

*Director, Wellness Programs*  
Pepperdine University

"Your contribution not only enabled us to raise significant funds for our beneficiary organizations, but your presence and energy also helped to create a beautiful and healing event for the community."

**Step Up for Yoga & Health Committee**

Step Up Women's Network

"Many attendees told me how much they learned and gained from your presentations. The best things I can say about you is you make anyone who books you look like a genius!"

**Carol A. Davis, Esq.**

*President, City of Hope*

"Thanks so much for last Wednesday and speaking at our church. You're a dynamite speaker, steeped in principles and with just enough humor to be silly. I love your way with words."

**Rev. Maureen Hoyt**

*Granada Hills Church of Religious Science*

"Thanks for all you do to help others. You are an inspiration."

**Michele Hazelwood**

*Universal Wellness*

"Rev. Dr. Louise-Diana has boundless energy and tremendous insights . . . She always earns rave reviews from students who attend her sessions . . . She works wonderfully with all types of audiences."

**Toby Berlin**

*Director, The Learning Annex, Los Angeles*

"You have a very calming, inviting presence which allowed the volunteers to be touched on levels that surprised many of them . . . And, I also got so many thank you praises just because I found you!"

**Barbara, Cowen, LCSW**

*Heart Families Coordinator*

"Your talk was inspiring and motivational, as well as interactive, and everyone came away with something they could use."

**Jennifer Ann Waltzer**

*President Los Angeles Chapter, Women in Management*

"Rev. Dr. Louise-Diana was an immense help in creating the wedding we wanted . . . Without her, we would surely have been lost."

**Christine and Josh Levine**

"Louise-Diana's expertise and skills together with her integrity as a professional contributed in an important and significant way to the success and power of our conference".

**Association for Women in Psychology**

"The feedback on the talk you gave has been wonderful. Many members have approached me and said how inspired they were by your words."

**Patricia Johnson, President**

*NAWBO-LA*

"Your program and encouraging words help to remind us that we are in control of our future and our minds and with discipline and the power of positive thinking we can all obtain the greatness we deserve."

**Pamela Robinson**

*1<sup>st</sup> Vice President*

*Soroptimists International of Culver City*

I couldn't have chosen a better educator, story-teller, or inspirational motivator to address the issue of self-esteem and empowerment. In this world of ever-changing challenges . . . your wonderful message rings true . . . a gentle reminder of our own personal power. Full Esteem Ahead was unquestionably one of the most enjoyable presentations I have ever experienced."

**Diann L. Powell**

*President, Women's Business Council*

*Santa Monica Chamber of Commerce*